

Produkt	1. Glutenhaltiges Getreide	1.1. Weizen	1.2. Dinkel	1.3. Gerste	1.4. Hafer	2. Krebstiere	3. Eier	4. Fisch	5. Erdnüsse	6. Soja	7. Milch (einschl. Laktose)	8. Schalenfrüchte	8.1. Mandeln	8.2. Haselnüsse	8.3. Walnüsse	8.4. Cashewnüsse	8.5. Pecannüsse	8.6. Paranüsse	8.7. Pistazien	8.8. Macadamianüsse	8.9. Queenslandnüsse	9. Sellerie	10. Senf	11. Sesam samen/-erzeugnisse	12. Schwefeldioxid und Sulphite	13. Lupinen	14. Weichtiere	
<b>Seasonal Specials</b>																												
Spring Bowl (ohne Soße)																												
Kräutercreme												x																
Caribbean Soup																												
Strawberry Cheesecake												x	x		x	x												
Innerbloom Smoothie																												
<b>Bowls (ohne Soße)</b>																												
Vegan California Bowl																												
California Chicken Bowl																												
Vegan Oriental Bowl																												x
Oriental Chicken Bowl																												x
Vegan Pasta Bowl																												
Pasta Chicken Bowl																												
Vegan Low Carb Bowl											x																	
Low Carb Bowl						x				x																		
Vegan Thai Bowl										x		x					x											x
Thai Chicken Bowl										x		x					x											x
Vegan Italian Bowl										x		x				x												
Italian Bowl						x				x		x				x												
Curry Bowl							x																					x
<b>Soßen &amp; Dressings</b>																												
Cashew-Limetten-Soße												x				x												
Mango-Kurkuma-Dressing																								x				
Erdnuss-Ingwer-Dressing									x	x															x			
Paprika-Tomaten-Soße																												
Avocado Creme																												
<b>Sweet Bowls</b>																												
Acai Bowl												x					x											
Blueberry Heaven Bowl												x	x				x											
Peanut Butter Choco Bowl									x			x	x				x											
Cashew Yoghurt Bowl												x					x											
<b>Bagel</b>																												
Vegan Avocado Bagel	x	x																										x
Avocado Bagel	x	x				x																						x
Vegan Cashewcreme Bagel	x	x										x					x											
Cashewcreme Bagel	x	x				x						x					x											
Vegan Oriental Bagel	x	x																										x
Oriental Chicken Bagel	x	x																										x
Sweet Bagel	x	x							x			x					x											x
<b>Healthy Sweets</b>																												
Peanut Butter Bar									x			x	x				x											
Sweet Potatoe Brownie												x	x				x											
Blueberry Banana Bread																												
Raw Cheesecake												x	x		x	x												
Dattel-Cashew-Creme												x					x											
Himbeer-Chia-Marmelade																												
<b>Smoothies &amp; Protein Shakes</b>																												
Green Detox Smoothie																												
Immunity Smoothie																												
Vitamin Kiss Smoothie																												
Forever Beautiful Smoothie																												
Peanut Butter Choco Shake										x																		
Warrior Protein Shake												x	x															
Limitless Protein Shake									x			x	x															
Reload Protein Shake												x	x															