

Produkt

Kalorien

Kohlenhydrate

Fett

Eiweiß

Seasonal Special Card

Hello Spring Bowl (ohne Soße)	308 kcal	43g	9g	12g
Supergreen Soup	215 kcal	15g	12g	9g
Innerbloom Smoothie	130 kcal	29g	1g	2g
Berry Bar	188 kcal	11g	13g	6g

Charity Bowl

Charity Bowl by Dr. Dießner (ohne Soße)	319 kcal	27g	18g	11g
Tahini-Granatapfel-Dressing	107 kcal	6g	8g	2g

Superfood Bowls

California Bowl (ohne Soße)	613 kcal	97g	13g	23g
Oriental Bowl (ohne Soße)	506 kcal	66g	12g	29g
Japanese Bowl (ohne Soße)	434 kcal	58g	12g	23g
Low Carb Paleo Bowl (ohne Soße)	317 kcal	29g	17g	17g
Quinoa Salad Bowl (ohne Soße)	455 kcal	49g	22g	16g
Indian Curry Bowl	647 kcal	91g	24g	15g

Dressing/Soßen

Kurkuma-Mango-Dressing	118 kcal	4g	11g	0g
Avocado-Kokos-Soße	84 kcal	2g	8g	1g
Cashew-Zitronen-Soße	103 kcal	6g	7g	3g
Paprika-Tomaten-Soße	74 kcal	5g	5g	2g
Asiatisches Dressing	129 kcal	9g	9g	2g
Avocado Creme	49 kcal	3g	4g	1g
Rote Bete Hummus	63 kcal	3g	5g	1g

Breads & Sandwiches

Avocado Bread	256 kcal	31g	11g	9g
Avocado Bread + Ei	328 kcal	31g	16g	15g
Superfood Hummus Bread	245 kcal	30g	10g	9g
Superfood Hummus Bread + Ei	317 kcal	30g	14g	16g
Peanut Butter Bread	495 kcal	39g	28g	21g
Dattel-Cashew-Creme Bread	312 kcal	43g	11g	9g
Avocado Sandwich Bean Balls	408 kcal	53g	14g	16g
Avocado Sandwich Bio-Ei	395 kcal	42g	17g	18g
Superfood Hummus Sandwich Bean Balls	444 kcal	59g	13g	18g
Superfood Hummus Sandwich Ei	389 kcal	41g	16g	18g

Sweet Bowls

Acai Bowl	402 kcal	57g	17g	7g
Blueberry Heaven Bowl	581 kcal	88g	21g	13g
Creamy Peanut Butter Bowl	712 kcal	89g	31g	18g
Chocolate Dream Bowl	717 kcal	93g	28g	19g

Healthy Sweets

Peanut Butter Bar	238 kcal	16g	16g	6g
Sweet Potatoe Brownie	209 kcal	29g	8g	5g
Blueberry Banana Bread	249 kcal	45g	5g	6g
Energy Ball	97 kcal	14g	4g	2g

Cremes & Dips

Dattel-Cashew-Creme	106 kcal	10g	6g	3g
Himbeer-Chia-Marmelade	20 kcal	4g	0g	0g

Smoothies & Shakes

Green Detox Smoothie	178 kcal	40g	2g	3g
Immunity Smoothie	181 kcal	34g	6g	3g
Vitamin Kiss Smoothie	175 kcal	32g	4g	4g
Forever Beautiful Smoothie	260 kcal	18g	18g	5g
Acai Kick Smoothie	124 kcal	28g	1g	2g
Warrior Protein Shake	356 kcal	52g	9g	17g
Limitless Protein Shake	422 kcal	55g	16g	19g
Reload Protein Shake	453 kcal	56g	15g	21g

Sonstige Specials

New York Cheesecake	480 kcal	33g	33g	10g
Carrot Cake	437 kcal	36g	29g	8g

Getränke & Shots

Ingwer-Zitrone-Shot	11 kcal	3g	0g	0g
Wellness Wasser (Karaffe)	3 kcal	1g	0g	0g

Kalorienangaben