

Produkt	1. Glutenhaltiges Getreide	1.1. Weizen	1.2. Dinkel	1.3. Gerste	1.4. Hafer	2. Krebstiere	3. Eier	4. Fisch	5. Erdnüsse	6. Soja	7. Milch (einschl. Laktose)	8. Schalenfrüchte	8.1. Mandeln	8.2. Haselnüsse	8.3. Walnüsse	8.4. Cashewnüsse	8.5. Pecannüsse	8.6. Paranüsse	8.7. Pistazien	8.8. Macadamianüsse	8.9. Queenslandnüsse	9. Sellerie	10. Senf	11. Sesamsamen/-erzeugnisse	12. Schwefeldioxid und Sulphite	13. Lupinen	14. Weichtiere	
Seasonal Specials																												
Spring Bowl (ohne Soße)																												
Caribbean Soup																												
Strawberry Cheesecake												x	x		x	x												
Innerbloom Smoothie																												
Bowls (ohne Soße)																												
Vegan California Bowl																												
California Chicken Bowl																												
Vegan Oriental Bowl																												x
Oriental Chicken Bowl																												x
Vegan Pasta Bowl																												
Pasta Chicken Bowl																												
Vegan Low Carb Bowl											x																	
Low Carb Bowl							x			x																		
Vegan Thai Bowl									x	x		x				x												x
Thai Chicken Bowl									x	x		x				x												x
Vegan Italian Bowl									x	x		x			x													
Italian Bowl							x		x	x		x			x													
Curry Bowl																												x
Soßen & Dressings																												
Cashew-Limetten-Soße												x				x												
Mango-Kurkuma-Dressing																							x					
Erdnuss-Ingwer-Dressing									x	x															x			
Paprika-Tomaten-Soße																												
Avocado Creme																												
Sweet Bowls																												
Acai Bowl												x				x												
Blueberry Heaven Bowl												x	x			x												
Peanut Butter Choco Bowl									x			x	x			x												
Cashew Yoghurt Bowl												x				x												
Bagel																												
Vegan Avocado Bagel	x		x																									x
Avocado Bagel	x		x				x																					x
Vegan Cashewcreme Bagel	x		x									x				x												
Cashewcreme Bagel	x		x				x					x				x												
Vegan Oriental Bagel	x		x																									x
Oriental Chicken Bagel	x		x																									x
Sweet Bagel	x		x						x			x				x												x
Healthy Sweets																												
Peanut Butter Bar									x			x	x			x												
Sweet Potatoe Brownie												x	x			x												
Blueberry Banana Bread																x												
Raw Cheesecake												x	x		x	x												
Dattel-Cashew-Creme												x				x												
Himbeer-Chia-Marmelade																												
Smoothies & Protein Shakes																												
Green Detox Smoothie																												
Immunity Smoothie																												
Vitamin Kiss Smoothie																												
Forever Beautiful Smoothie																												
Peanut Butter Choco Shake									x																			
Warrior Protein Shake												x	x															
Limitless Protein Shake									x			x	x															
Reload Protein Shake												x	x															