

Produkt	Kalorien pro Portion	Kohlenhydrate	Fett	Eiweiß
<b>Seasonal Special Card</b>				
Summer Bowl (ohne Soße)	492 kcal	39g	24g	25g
Vegan Summer Bowl (ohne Soße)	507 kcal	44g	27g	19g
Erdbeer-Basilikum-Dressing	154 kcal	10g	13g	1g
Pink Melon Smoothie	136 kcal	30g	1g	2g
Blueberry Cheesecake	422 kcal	32g	30g	8g
<b>Superfood Bowls</b>				
Vegan Thai Bowl (ohne Soße)	533 kcal	65g	18g	26g
Thai Chicken Bowl (ohne Soße)	510 kcal	63g	13g	33g
Vegan Oriental Bowl (ohne Soße)	568 kcal	74g	13g	32g
Oriental Chicken Bowl (ohne Soße)	559 kcal	72g	14g	33g
Vegan Low Carb (ohne Soße)	311 kcal	23g	17g	17g
Low Carb Bowl (ohne Soße)	343 kcal	20g	18g	24g
Vegan Pasta Bowl (ohne Soße)	584 kcal	73g	16g	31g
Pasta Chicken Bowl (ohne Soße)	575 kcal	71g	17g	32g
Vegan California Bowl (ohne Soße)	605 kcal	103g	12g	18g
California Chicken Bowl (ohne Soße)	553 kcal	75g	13g	31g
Vegan Italian Bowl (ohne Soße)	662 kcal	99g	18g	20g
Italian Bowl (ohne Soße)	590 kcal	72g	23g	21g
Indian Curry Bowl	795 kcal	105g	32g	19g
<b>Dressing/Soßen</b>				
Kurkuma-Mango Dressing	214 kcal	7g	20g	0g
Avocadocreme	98 kcal	6g	9g	1g
Cashew-Limetten Soße	178 kcal	11g	13g	5g
Paprika-Tomaten Soße	131 kcal	9g	9g	4g
Erdnuss-Ingwer Dressing	220 kcal	7g	16g	8g
<b>Bagels</b>				
Avocado Tomate Bagel	315 kcal	44g	11g	11g
Avocado Ei Bagel	397 kcal	43g	17g	18g
Vegan Cashewcreme Bagel	418 kcal	60g	13g	15g
Cashewcreme Bagel mit Ei	444 kcal	49g	18g	20g
Vegan Oriental Bagel	404 kcal	48	13g	21g
Oriental Chicken Bowl	405 kcal	47g	13g	23g
Sweer Bagel	491 kcal	61g	20g	17g
<b>Sweet Bowls</b>				
Acai Bowl	406 kcal	65g	12g	6g
Blueberry Heaven Bowl	584 kcal	91g	20g	13g
Berry Yoghurt Bowl	710 kcal	84g	31g	19g
Peanut Butter Choc Bowl	746 kcal	94g	30g	21g
<b>Healthy Sweets</b>				
Peanut Butter Bar	258 kcal	20g	17g	6g
Superfood Brownie	336 kcal	34g	16g	10g
Blueberry Banana Bread	293 kcal	51g	7g	7g
<b>Cremes &amp; Dips</b>				
Dattel-Cashew-Creme	106 kcal	10g	6g	3g
Himbeer-Chia-Marmelade	20 kcal	4g	0g	0g
<b>Smoothies &amp; Shakes</b>				
Green Detox Smoothie	186 kcal	37g	4g	4g
Immunity Smoothie	168 kcal	30g	6g	2g
Vitamin Kiss Smoothie	162 kcal	28g	4g	4g
Forever Beautiful Smoothie	203 kcal	30g	6g	4g
Peanut Butter Choc Milkshake	398 kcal	50g	16g	10g
Warrior Protein Shake	436 kcal	70g	9g	18g
Limitless Protein Shake	406 kcal	54g	14g	18g
Reload Protein Shake	422 kcal	57g	13g	20g
<b>Getränke &amp; Shots</b>				
Ingwer-Zitrone-Shot	11 kcal	3g	0g	0g
Wellness Wasser (Karaffe)	3 kcal	1g	0g	0g

Kalorienangaben